

(Church Letterhead)

Fasting Prayer Letter

This is the first year I have challenged you to join me in a 21-day fast to draw close to and honor God as we seek His face for the New Year. "I beseech you therefore; brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service" (Romans 12:1). By starting the year with a corporate fast, we will find that God will meet with us in very unique and special ways. His presence will grow greater and greater with each day of the fast. Without fail, He always shows up! God desires to meet our need as we approach Him with our prayers, "But seek first the kingdom of God and His righteousness, and all these things shall be added to you" (Matthew 6:33).

Fasting is a principle that God intended for everyone to be able to enjoy. It's not a punishment; it's a privilege! By making fasting a way of life, you can get closer to God and grow in your spiritual walk like never before. Fasting is one of the most powerful weapons God has given us for our daily lives. Through fasting, you can experience a release from the bondage of sin ... restoration in your relationships ... financial blessings ... spiritual renewal ... supernatural healing and many more blessings as God hears and answers prayer!

I want to encourage you to target your prayers during the fast. Two specific areas we will be focusing on together are corporate prayer for the church and personal needs. Be very specific in your requests. Listen for what God has to say and where He has to lead. He will answer prayer according to His will. When we learn to pray in unison with His will we can be confident that we will receive answers to our prayers. 1 John 5:13-15, "I write these things to you who believe in the name of the Son of God so that you may know that you have eternal life. This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. And if we know that he hears us—whatever we ask—we know that we have what we asked of him."

I'm excited that you have decided to take this fasting spiritual journey in your spiritual life. You will in the next 21 days begin to discover the life-changing principle of fasting. Seek the Lord in prayer and let your decisions about your fast come from Him. Ask the Lord to show you areas to target during your time of fasting and prayer. Start with a clear goal and make a commitment to stick to your fast. Be ready to grow in your walk like never before as you seek the Lord through the Biblical principles of prayer and fasting. Remember, "He is a rewarder of those who diligently seek Him!" (Hebrews 11:6)

Pastor Jon Carnes