



FREQUENTLY ASKED QUESTIONS

Prayer & Fasting Questions

Q Prayer & Fasting has been around for a long time. What is its background?

A Prayer & Fasting was introduced to NMI in 1924. In 1925, NMI was asked to promote it, with the following plan: (1) To fast one meal a week and pray for missions during the time it would take to eat the meal; and (2) To give at least 25 cents (in 1924) a week for the support of the missions work of the church (World Evangelism Fund—WEF).

Q Is Prayer & Fasting still relevant for today's NMI?

A Prayer & Fasting as a “program” has evolved over time. In this day of the faith promise plan of giving for missions, there are still churches that participate in Prayer & Fasting because it works for them.

On another front, prayer for missions is still vital. The General NMI Office continues to hear of the effect of prayer on missionaries' lives. That is why prayer is still one of the four main objectives of NMI.

For more information on Prayer & Fasting, check the Prayer & Fasting page on the the NMI Web site <www.nazarenemissions.org>.

Q Isn't fasting just something that was done in the Old Testament times?

A Fasting was first mentioned scripturally in the Old Testament. It is still important today. By fasting—either abstaining from food entirely, or participating in a partial fast—we are more attuned to God and our prayers.

Q What is a prayer chart, and how may I obtain one?

A The prayer chart is used to record mission prayer requests from the Prayer Mobilization Line, letters from their LINKS missionaries, and other sources. Answers to those requests are also noted on the chart. Contact Nazarene Publishing House (1-800-877-0700 or www.nph.com) to order the Prayer Chart (order number—X-26; cost—50 cents each).

Q Is the prayer chart the same thing as a Prayer & Fasting chart?

A The Prayer & Fasting chart has a different purpose. This item is designed for churches participating in Prayer & Fasting giving to WEF. It has blanks for names and amounts to be recorded when people give to WEF. If your church needs a Prayer & Fasting chart, please contact the General NMI Office. We have a supply of them available free of charge.

Q What are Prayer & Fasting envelopes, and how may I obtain them?

A The Prayer & Fasting envelopes assist individuals who participate in the Prayer & Fasting giving plan by giving them a vehicle into which to place their offerings. Please contact Nazarene Publishing House (1-800-877-0700 or www.nph.com) to order a box of 500 Prayer & Fasting Envelopes (order number—0-4; cost—\$19.99).

Q There is a missions fair at my local church, and I need some brochures on Prayer & Fasting. Where can I find them?

A To order Prayer & Fasting brochures (order number—X-6; cost—15 cents each, minimum order of \$2.50), please contact Nazarene Publishing House (1-800-877-0700 or www.nph.com).

Q Where can I find up-to-date missions prayer requests?

A The NMI Prayer Mobilization Line (PML) provides prayer requests for Nazarene missions, as well as reasons for praise. There are three ways to receive PML: (1) e-mail—subscribe at www.nazarenemissions.org, (2) the NMI Web site (see address above), or (3) phone—816-444-PRAY (816-444-7729).

Donna Carlile and Gail Sawrie compiled this list. Donna Carlile is executive assistant in the General NMI Office. Gail Sawrie is NMI editor.